

AA Acronyms

AA = Absolute Abstinence

AA = Adventurers Anonymous

AA = Altered Attitudes

AA = Altruistic Action

AA = Attitude Adjustment

AA's-R-US = Alcoholics Anonymous Recovery Unity Service

ABC = Acceptance, Belief, Change

ACTION = Any Change Toward Improving One's Nature

ACTION = Any Change To Improve Our Natures

ADDICT = Anybody Doing Drugs In Compulsive Trouble..

AFGE = Another F***** Growth Experience

AIDS = Active In Dangerous Sex

AIDS = Addicts Injecting Dirty Syringes

ALCOHOLICS = A Life Centered On Helping Others Live In Complete Sobriety

ANONYMOUS = Actions Not Our Names Yield Maintenance Of Unity & Service

ANGER = A No Good Energy Rising

ASK = Ass-Saving Kit

BAR = Beware Alcohol, Run

BAR = Beware Alcohol Ruin

BIG BOOK = Believing In God Beats Our Old Knowledge

BS = Before Sobriety

BUT = Being Unconvinced Totally

CALM = Can Anger Leave Me

CARE = Comforting And Reassuring Each Other

CHANGE = Choosing Honesty Allows New Growth Everyday

CIA = Catholic Irish Alcoholic

CLEAN = Completely Leaving Every Addiction Now!

COURAGE = 'Cause of Using Recovery's A Great Effort

CRAP = Carry Resentments Against People

DEAD = Drinking Ends All Dreams

DENIAL = Don't Even Notice I Am Lying

DENIAL = Don't Even Notice It's A Lie

DETACH = Don't Even Think About Changing Him/Her

DT'S = Don't Think Shit

DUES = Desperately Using Everything But Sobriety

EDI not **DIE** = Easy Does It not Does It Easy

EGO = Easing God Out

EGO = Edging God Out

FAILURE = Fearful, Arrogant, Insecure, Lonely, Uncertain, Resentful, Empty

FAITH = Fear Ain't In This House

FAITH = Facing An Inner Truth Heals

FAITH = For An Instant Trust Him

FAITH = Fantastic Adventure In Trusting Him

FAITH = Fear And Insecurity? Trust Him!

FAMILY = Father And Mother I Love You

FEAR = Failure Expected And Received
FEAR = False Evidence Appearing Real
FEAR = Feelings expressed Allows Relief
FEAR = Feelings Every Alcoholic Rejects
FEAR = Fighting Ego Against Reality
FEAR = Forget Everything And Run
FEAR = F**k Everything And Run!
FEAR = Face Everything And Recover!
FEAR = Forgetting Everything's All Right
FEAR = Frantic Effort to Appear Real
FEAR = Frantic Efforts to Appear Recovered
FINE = Faithful, Involved, Knowledgeable and Experienced
FINE = Feeling Insecure, Numb and Empty
FINE = Frantic, Insane, Nuts and Egotistical
FINE = Freaked out, Insecure, Neurotic and Emotional
FINE = Feeling Insecure Neurotic & Emotional
FINE = Frustrated, Insecure, Neurotic & Emotional
FINE = F-cked, Insecure, Neurotic & Emotional
FOG = Fear of God
F_CKED = Feeling Useless 'Cause I'm Kicking Every Drug
GAYS = Go Ask Your Sponsor
GIFT = God Is Forever There
GIFTS = Getting It From The Steps
GOD = Good Orderly Direction
GOD = Get Out Devil
GOD = Go On Dreaming
GOD = Group Of Drunks

GOD = Group Of Drug Addicts
GOYA = Get Off Your Ass
GUT = God's Undeniable Truths
HALT = Honestly, Actively, Lovingly Tolerant
HALT = Hope, Acceptance, Love and Tolerance
HALT = Hungry, Angry, Lonely, Tired: Fix these situations before you make any decisions
HALT = Horny, Arrogant, Lazy and Tragic: if you're any one of these, get to a meeting!
HALTS = Hungry, Angry, Lonely, Tired and Stupid
HALTS FEAR = Hope, Acceptance, Love and Tolerance Stops Forgetting That Everything's All Right
HEART = Healing Enjoying and Recovering Together
HELP = His Ever Loving Presence
HELP = Her Ever Loving Presence
HELP = Hope, Encouragement, Love and Patience
HOPE = Happy Our Program Exists
HOPE = Hearing Other Peoples' Experience
HOPE = Hang On! Peace Exists
HOW = Honesty, Open-Mindedness, Willingness; that's how we do it
HOW = Honest, Open-Minded and Willing
ISM = I, Self, Me
ISM = Incredibly Short Memory
ISM = InSide Me
ISM = ISabotage Myself
ISM = I Sponsor Myself
KISS = Keep It Simple, Stupid

KISS = Keep It Simple, Sugar

KISS = Keep It Simple, Sweetheart

KISS = Keeping It Simple, Spiritually

LET GO = Leave Everything To God, Okay?

LOVE = Living Our Victories Everyday

MMM = Meetings, Meditation and Masturbation (recommended for the first year)

NEW = Nothing Else Worked

NOW = No Other Way

NOWHERE or

NOW HERENUTS = Not Using The Steps

OUR = Openly Using Recovery

PACE = Positive Attitudes Change Everything

PAID = Pitiful And Incomprehensible Demoralization

PAIN = Pause And Invite New

PHD = Pretty Heavy Drinker

PMS = Pour More Scotch

PMS = Pour Me Syndrome

PRIDE = Personal Recovery Involves Defeating Ego

PROGRAM = People Relying On God Relaying A Message

RAGE = Real Angry Gut-level Ego

RELAPSE = Recovery Exits Life And Program Seem Empty..

RELATIONSHIP= Really Exciting Love Affair Turns Into Outrageous Nightmare Sobriety Hangs In Peril

RID = Restless, Irritable and Discontented

RUN + I = RUIN**RUIN – I = RUN** (let God run the show 'cause I ruin everything)

SASTO = Some Are Sicker Than Others

SHIT = Simply How I'm Thinking

SLIP = Sobriety Loses Its Priority

SOB = Sober Old Bag

SOB = Sober Old Bastard

SOB = Sober Old Biker

SOB = Sober Old Bitch

SOBER = Staying Off Booze Enjoying Recovery

SOBER = Son Of A Bitch, Everything's Real

SOBRIETY = Stay Off Booze Recovery Is Everything To You

SOLUTIONS = Saving Our Lives Using The Inventory Of Needed Steps

SPONSOR = Sober Person Offering Newcomers Suggestions On Recovery

STAR = Start Talking About Recovery

STEPS = Solutions To Every Problem in Sobriety

STEPS = Solutions To Every Problem, Sober

STOP = Sicker Than Other People

TIME = Things I Must Earn

TIME = This I Must Earn

TRUST = Try Relying Upon The Steps

WASP = Worry Anger Self Pity

WILLING = When I Live Life, I Need God

WISDOM = When Into Self, Discover Our Motives

WILLING = When I (Let Go & Let God) (Live & Let Live) I Normally Grow

WORK = What Our Recovery Knows

WORRY = Wrong Or Right Remain Yourself

YET = You're Eligible Too

YET = You'll End Up There